



If a patch was not placed over your operative eye, start the eye drops below at bedtime on the night of surgery. If a patch was placed over your operated eye, start the eye drops below after Dr. Kilpatrick removes your patch the day after surgery.

Post-op eye drops: RIGHT LEFT

1. **First Week after Surgery:** _____
Continue Pred-Gati-Ketor 1 drop, 3 times per day.
2. **Second Week after Surgery, starting:** _____
Continue Pred-Gati-Ketor 1 drop, 3 times per day.
3. **Third Week after Surgery, starting:** _____
Continue Pred-Gati-Ketor 1 drop, 2 times per day.
4. **Fourth Week after Surgery, starting:** _____
Continue Pred-Gati-Ketor 1 drop, 1 time per day.
5. **Discontinue Pred-Gati-Ketor on:** _____

Do not touch the tip of the bottle with your finger or to your eyelid or eye.

Turn this page over for additional information.



Additional POST-OP Cataract Surgery information

You have an appointment in Dr. Kilpatrick's office the day after surgery on:

- If your operated eye has a patch or shield, it will be removed in the doctor's office the day after surgery. If the patch is causing irritation, you may gently remove it at home on the morning after surgery before your appointment.
- Do not stop any other regular eye drops in either eye, unless Dr. Kilpatrick directs you otherwise.
- If you have eye pain after surgery, take Tylenol (acetaminophen), Advil or, aspirin product unless something else has been OK'd by Dr. Kilpatrick. If the pain is severe, call Dr. Kilpatrick. The office phone (480-994-1872) is answered 24-hours a day.
- If you were given a shield, wear the shield over your operated eye whenever you sleep (at night or during naps) for one week after surgery. (Note: Not all patients are given a shield to wear after surgery). It is OK to sleep on the side you had surgery.
- You may wear your old glasses after surgery, if needed. Even if the prescription is wrong, it will not harm the operated eye.
- It is OK to watch TV, read, or otherwise use the operated eye while it heals.
- If matter builds up on your eyelashes, use a clean washcloth and warm water to gently soak the matter off. Do not press on the eye or scrub it vigorously.
- It is OK to bathe, shower, or go to the beauty shop starting the day after surgery.
- Do not submerge your eye in pool, lake or ocean water for 2 weeks. Do not use the diving board for about 2 weeks.
- It is OK to begin wearing eye makeup 2 days after surgery.
- It is OK to exercise, play golf, perform yoga and take part in your other normal activities.
- Do not hang upside down for 2 weeks.
- Remember that it is common to have blurred vision for several weeks after your surgery. New glasses will be prescribed in about 4-6 weeks. Bifocal or progressive glasses are usually necessary.
- It is normal for the eye to be red for as long as 3-4 weeks after surgery.
- Normal post-operative visits are no-charge for 90 days after surgery with exception of any applicable insurance co-pays.